

## Reiki Distant Healing

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## Reiki Distant Healing

The Reiki energy, the "universal life energy" is a gentle and effective system of healing which activates the body's natural ability to heal itself. Contrary to popular perception, healing is not the elimination of symptoms. True and lasting healing is a complete and comprehensive analysis of the causes of the imbalance or disease. The Reiki healing aims to return the receiver to a state of balance and helps to heal every aspect of life at every level of the body and promotes self-development, allowing him to be in the best condition to all aspects of his life.

Reiki healing it is possible to be directed by the practitioner to the client and remotely. As when the Reiki session executed in person, the distant healing operates at all levels: the physical, the etheric or aura, the emotional, the mental and spiritual, creating harmony and restoring the balance where needed. The Reiki energy can overpass time and space and can be channeled or transmitted anywhere in the world. It can be sent to any living being and in any condition, event, location, or time: past, present and future. The sensations as well as the therapeutic effects of Reiki healing that the recipient experiences from a distance do not differ from those that would have had the session performed in person.

## Science behind the Reiki Distant Healing

Of all the aspects of Reiki, the Distant Healing often confuses those unfamiliar with energy therapies. Skeptics find it difficult to believe that the energy can travel any distance, much less to produce tangible results. Quantum science came to give new meanings to the operation of the universe and recognize that everything in the universe is composed of energy that is in full interconnectivity. The status of "non-locality" also proves that all is One and available to all regardless of time and space in the invisible web connecting all living beings. The parts of this web always exist, and are activated when putting the conscious intention.

Historically, many spiritual traditions and indigenous cultures believe in the Oneness of all living beings and the ability to influence one another through thought of energy. For example, at the book Urban

Shaman, the Samoan from Hawaii Serge Kahili King describes the web “Aka” (the Hawaiian word “Aka” means essence or spirit) and refers to the idea of a non-physical web of threads connecting everything in the universe and that the connections of the web always exist, but specific threads are activated only by conscious attention.

Quantum physicists discovered that physical atoms are made up of vortices of energy that are constantly spinning and vibrating, each one radiating its own unique energy signature. By examining the composition of an atom with a microscope physicists saw a small, invisible tornado-like vortex, with a number of infinitely small energy vortices called quarks and photons. These are what make up the structure of the atom. As they focused in closer and closer on the structure of the atom, they saw nothing, they observed a physical void. The atom has no physical structure, we have no physical structure, physical things really don't have any physical structure! Atoms are made out of invisible energy, not tangible matter. Therefore, if we really want to define what we are, we are really beings of energy and vibration. Each of us has our own unique energy signature -this is fact and is what quantum physics has shown us many times. We are much more than what we perceive ourselves to be, and it's time we begin to see ourselves in that light.

It was not until the early 1900's when the pioneers of quantum physics – (Max Planck, Erwin Schrodinger, Werner Heisenberg, Niels Bohr, and Wolfgang Pauli) concluded to a new understanding of the universe based on interconnectedness. They realized the very underpinning of our universe was a heaving sea of energy, one vast quantum field. If this were true everything is connected to everything else like some invisible web. Since all living things are made of the same basic quantum material, physicists theorized, they are all interconnected in this invisible web. “On the most fundamental level living beings, including human beings, were packets of quantum energy constantly exchanging information with this inexhaustible energy sea. Information of all aspects of life from cellular communication to the vast array of controls of the DNA, was relayed through an information exchange on a quantum level, in the quantum energy sea” says McTaggart in her book “The Field”.

In studying this sea of quantum potential, physicist David Bohm indicated that at the subquantum level, the level in which quantum potential operated, location cease to exist. All points in space become equal to all other points in space, and it was meaningless to speak of anything as being separate of anything else. Physicists call the property “nonlocality”.

Regarding the sending and receiving of the form of information we call healing energy, therefore, nonlocality implies that is not really “going” somewhere else- its already there and its already shared. “Quantum nonlocality... indicates that the information is subtly but effectively transmitted throughout the world. As this information linking is both instant and enduring, it appears to be independent of time and space as well”. Ervin Laszlo writes in “Science at the Akashic Field: An Integral Theory of Everything”.

This information is really very significant in the realization that we are all energy and connected all with the same invisible web. Quantum physics also helps to see that emotions, thoughts and feelings, our consciousness play a vital role in creating the experience of our lives and the people around us. If all of us are in a peaceful loving state inside, it will no doubt impact the external world around us, and influence how others feel as well.

Studies have shown that positive emotions and operating from a place of peace within oneself can lead to a very different experience for the person emitting those emotions and for those around them. It has been shown that different emotional states, attitudes, our consciousness, leading to different electromagnetic frequencies. We know that electromagnetic frequencies emitted by the same person or

absorbs around him is responsible for the change of the individual situation. Therefore, at the subatomic level, the frequency of the vibration energy is changing the way the physical reality manifests. With scientific research now certifies the ability of human thoughts, feelings and intentions to affect the physical material world, quantum physicists emphasize the importance of the study of factors related to consciousness and its relationship to the natural world. One of these factors is the human intention.

## How Distant Reiki Healing works

The therapists have known for centuries what modern astrophysicists and quantum scientists have only recently been recognized: that the world as we know it is an illusion. We are all and everything around us made of energy. We are the expression of the vibrational energy from the Source, the Creator of all, God, that as invisible web, as glue unites all creatures in the existence of life. This energy vibrates at different frequencies in different sizes and sets different aspects of life.

During the Reiki healing either is performed in person or remotely, the practitioner's intention is very important. The practitioner focuses his intention to heal another person, or a situation, and thus tuned to the same frequency of energy and operates outside the usual constraints of time and space. The practitioner's intention to transfer the Reiki energy, the Love energy to the particular recipient activates the communication thread with him in the single invisible web that connects us therefore they can identify where and how much time to focus on the transfer of the energy in the body of the client, the situation or event. This allows the practitioner to send healing in physical distance from them, in another time or even in another world from what we know. Each energy manifestation of life, people, animals and even the seemingly lifeless creatures, such as stones, rocks, plants, all can benefit from Reiki healing.

When the practitioner gives Reiki healing they becoming a channel of the Reiki energy that causes a positive, benign, transformational reaction within the presence of the recipient. With Reiki, any negative energy is transformed, mutated into positive and any positive is further enhanced. The practitioner, who is the Reiki transport channel, opens the way to Reiki to flow aiming at the highest good of the recipient, channeling just what it is needed in the particular occasion. The Reiki Distant Healing can be sent to people, dwellings, in workplace, situations, events, the past, the future, pets, plants, Mother Earth, the Universe, disasters, emotional issues, the ancestral family, anything. The list is endless and depends entirely on the issues that the client wants to solve.

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